



Studio 4 Fitness private state-of-the-art group fitness classes

May Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning classes							
5:00			TRX Joni			TRX Joni	
7:00					TRX Joni		
7:30							ADV. TRX Joni
8:00				TRX Joni			
8:15		Open Barre Jami					
8:30			TRX Joni		Barre & Stretch (75 min.) Jami		
9:00				Open Barre Sandy		Open Barre Jami	
9:30	Open Barre Wendy		Open Barre Wendy				
10:00		Hot Barre Sandy		Zumba Toning Sandy			Bustin Booty Bootcamp - Bryan
Evening classes							
4:30						TRX Joni	
5:00		ADV. TRX Joni			TRX JONI		
6:00			Barre & Stretch (75 min.) Jami	Open Barre Sandy			